

## Supplemental Nutrition Assistance Prog (SNAP) Department of Social Services Resources

### Updates on SNAP and other DSS services:

- Please visit CT DSS website for continued updates:  
<https://portal.ct.gov/DSS/Communications/DSS-Response-to-COVID-19>
- How to apply?
  - Apply through CT DSS department at  
<https://portal.ct.gov/DSS/SNAP/Supplemental-Nutrition-Assistance-Program---SNAP/Apply>
- Are you qualified to receive SNAP?
  - Those who qualify are families who make less than 185% of the federal poverty level. For example, a family of 4 would need their gross monthly income (before taxes) to be less than \$3,739. To see if you qualify please visit  
<https://www.cga.ct.gov/2016/rpt/pdf/2016-R-0106.pdf>

### SNAP Increase for those making less than the maximum

- SNAP recipients who usually do not receive the maximum amount will receive the maximum amount on April 9 or April 20.

### SNAP work requirements suspended for ABAWD

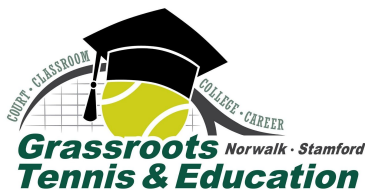
- Work requirements are suspended during crisis for Able Bodied Adults Without Dependent Children (ABAWD)

### SNAP Renewal

- If renewal is during crisis, you will be automatically enrolled for 5 more months. For example, if your SNAP renewal was March 2020, you are automatically enrolled until September 2020. If your SNAP renewal was April 2020, you are automatically enrolled until October 2020.

### Temporary Family Assistance

- DSS is eliminating the requirement for face-to-face interviews to qualify for Temporary Family Assistance.
- DSS is suspending the 21-month limit on receiving Temporary Family Assistance from applying during all months of such assistance received during the public health and civil preparedness emergency.



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- How do people apply for TFA?
  - Online access – Visit the [www.ct.gov/dss](http://www.ct.gov/dss) website and go to Clients/Applicants, then How to Apply. From here you can print an application for mailing to the agency. Or, click on the ConneCT icon at [www.ct.gov/dss](http://www.ct.gov/dss) to apply online. You can also apply online at [www.connect.ct.gov](http://www.connect.ct.gov) and click on the ‘Apply for Benefits’ button. The “Am I Eligible” button is also located on this web page where you can see if you qualify to receive medical benefits or help in buying food.